

# Yoga Therapy Today Request for Submissions

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## *Content*

*Yoga Therapy Today* publishes articles about aspects of yoga therapy in the form of yoga therapy training reports, case studies, media reviews, interviews, membership news, and business advice. We encourage insightful, reflective submissions from yoga teachers, yoga therapists, Ayurvedic and other CAM practitioners, and healthcare professionals as well as those who would like to share their experiences while under the care of a yoga therapist. Points of view from all traditions in yoga are welcome and should be reflective of that tradition's teachings. *Yoga Therapy Today* is not a peer-reviewed publication.

## *Interviews*

Leaders in the field of yoga therapy are candidates for interviews. These may be individuals who are influencing the field and profession of yoga therapy as it relates to healthcare policy, standards or education, or who have yoga therapy practices in healthcare, education, prison, or recovery settings. Nominations for interviews are encouraged.

## *Education*

Training reports from graduates of yoga therapy trainings from an IAYT Member School are a priority in 2011/2012; submissions on yoga therapy trainings from non-Member School graduates may also be submitted. Education also includes discussion of applied practice and dialogue regarding standards. A discussion within IAYT over the past several years has been how to define the field and profession of yoga therapy; we continue to welcome submissions in this category.

## *Development*

Articles may be submitted based on experiences communicating with yoga therapy foundations and applications to various communities—be they spiritual, healthcare, military, or other, in order to reflect back to the membership in what ways yoga therapy is evolving.

## *Review, Selection, Submission and Preparation of Articles*

The editor evaluates all submissions for relevance of topics, presentation of ideas, and adherence to format. The article must have a central, well-developed theme; clarity of expression; and continuity of ideas. Articles shall not contain advertisement or self-promotion. Interested authors may view guidelines on [www.iayt.org](http://www.iayt.org). The writer must be willing to undergo revisions before the article is accepted for publication. Following acceptance, articles are copyedited for adherence to style and clarity. Submissions should be between 1000 and 2500 words, may contain references, and should follow APA-style formatting. Please send submissions in the form of a Microsoft Word document with an introductory email. Photos and other images from authors are encouraged. Articles may be submitted at any time and are reviewed and accepted, as described above, on a rolling basis. *Yoga Therapy Today* is published in Spring, Summer, and Winter. Articles submitted by September 1, 2011, may be considered for publication in the Winter 2011 issue. Submit to the editor, Kelly Birch, at [YTTeditor@iayt.org](mailto:YTTeditor@iayt.org).